



Laura Aranda

My experience as a Volunteer at CEV

DURATION



October 2020



September 2021

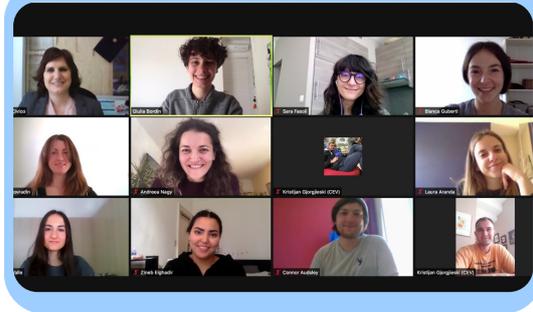
LOCATION



Brussels, Belgium

My name is Laura Aranda, I am 28 years old and I am from Valencia, Spain. I graduated in Business Administration and I hold a Master in Human Resources. After having been working for 3 years in a Temporary Employment Agency, I decided to take the decision to do a volunteering project (ESC) to make a small solidarity contribution to society and to enjoy the experience of living abroad and discover new cultures, languages, people and new ways of understanding and living life. I felt so lucky to find a volunteering experience in the Centre for European Volunteering (CEV).

I joined CEV as an ESC volunteer and my volunteering experience started in October 2020 and ended in September 2021. During that time, I've been working in different tasks related to the communication field, in particular with the European Volunteering Capital 2023 competition, creating new Social Media content and helping with the update of CEV website and doing some translations of reports and documents. I've been also helping CEV and its partners to get the quality label as sending and/or hosting organizations. I have also had the opportunity to visit a refugees centre and help them to



prepare breakfast and cleaning the kitchen as a volunteer as well. I have the feeling that I have been able to contribute to solidarity through small actions and it makes me feel so happy and proud of myself.

Thanks to CEV I have been able to develop my communication skills such as elaborating content for Social Media, creating graphics through the programme "Canva" and updating the website using the "Wix" Platform. Moreover, I have improved my level of English. Working in CEV has allowed me to have an insight into the work and functioning of an organization that works across Europe promoting values of cooperation and inclusion.

Due to the current Covid-19 situation, it has been a little bit difficult to enjoy this grateful experience 100%. However, I still experienced a wonderful time in Brussels and as a CEV member and I really enjoyed the team's sociable atmosphere and its welcoming environment and constant support.

